

September 27, 2020

## The Place of Pressing

Matthew 26:36-46

### Jesus & His Emotions:

- ✓ Matthew 26:36-46
- ✓ Mark 6:30-34
- ✓ Luke 7:11-17
- ✓ Luke 10:21
- ✓ Luke 12:49-51
- ✓ John 2:13-17
- ✓ John 11:33-36

**SORROW**

**COMPASSION**

**EMPATHY**

**JOY**

**DISTRESS / DREAD / ANXIETY**

**RIGHTEOUS ANGER**

**LOVE / LOYALTY / GRIEF**

### 3 Ways of Dealing with Emotional Pain:

James 4:1-3 / Psalm 42 /

- Eastern Spirituality - “
- Western Spirituality -
- Secularism -

All 3 worldviews **RUN** from our emotional pain.

### The Way of Jesus:

Matthew 26:36-46

- Jesus gave God His honest **FEELINGS**. This is the beginning of **PRAYER**.
- Jesus gave God His **DESIRES**.
- Jesus gave God His **TRUST**.